Walk for Health 18th April 2011

On Monday 18th April Ron Collins led a 4mile 'Walk for Health' around Bledow and Bledlow Ridge. A total of 11 people and a dog met at Naphill Village Hall. We drove Bledlow and parked in the small off-theroad parking near the telephone box where we started the walk.

We headed uphill along passing the Lions pub on or left towards the Icknield Way. On meeting the Icknield Way we turned right along the Way till we came to some cottages. We proceeded on to overlook Chinnor where we stopped for a well earned coffee.



Our first stop after a long climb

We continued back towards where we had left the cars stopping at the railway level crossing over the Icknield Line which runs between Chinnor and Princes Risborough for a short rest before retracing our step (200 yards) back to a track leading back.



Overlooking Chinnor on our way back

10 of us make our way back to the Boot at Bledlow Ridge for a well earned drink and lunch.

A good walk was had by all and many thanks to Ron for being our leader.