

Walk for Health 20th December 2010

On Monday 20th December Ron Collins led a cold 'Walk for Health' from Naphill Village Hall to Smalldean Lane and back. A total of 14 hardy souls met at the Naphill Village Hall. We walked across Naphill Common to Bradenham Woods Lane.



A brief rest on the way to Bradenham Wood Lane

We crossed the road and made our way to overlook Yew Tree Plantation.



Soon after we started again from another short rest whilst making our way to Smalldean Lane it started to snow. Looking towards West Wycombe it looked as if we were in for a heavy snow fall. Fortunately it was only a shower. Despite the cold we all kept warm by keeping up a steady pace, driven on by the promise of hot coffee and mince pies at Smalldean Farm. On arrival we were met by Di and John who were unable to get to Naphill Village to join the walk. Di and John very generously provided hot tea and coffee and a very welcome glass of

sloe gin. Helen Collins provided mince pies which were warmed up by our hosts.



A welcome break provided by Di & John

After the break it was back to the cold outdoors and make our way back to Naphill Village Hall via Brandeham Church and the 'Umbrella' tree.



A very good walk was had by all and many thanks to Ron for being our leader and to Di and John for providing much needed sustenance.