## Walk for Health 16th August 2010

On Monday 16<sup>th</sup> August Ron Collins led a 4 mile 'Walk for Health'. A total of 9 people met at Naphill Village Hall. The walk was from the Pink and Lily pub via Great Hampden and back to the Pink and Lily.

We started at 10am at Naphill Village Hall, and drove (car sharing where possible) to the Pink and Lily. We crossed the road and started off down the 'Black Hedge' before turning right into Hillock Wood then past Redland End and across Peters Lane and into Barnes's Grove.



Field between Barnes's and Hampden House



Outside the Turret House at Hampden House

From Hampden House we turned down beside the Church of St Mary Magdalene across fields to Great Hampden. Turning down beside the cricked field to Monkton Wood making our way back to the Pink and Lily pub for a well earned drink and lunch at 12.30.

A good walk was had by all and many thanks to Ron for being our leader.