## Walk for Health 19th March 2010

On Monday 19<sup>th</sup> July Ron Collins led a 5 mile 'Walk for Health'. As on previous occasions the walk commenced from the Village Hall. A total of 11 people and 1 well behaved dogs took part. It was nice to see some new faces.

We started at 10am at Naphill Village Hall, walked across Naphill Common through the allotments opposite Clappins Lane. A short distance down Clappins Lane we took a footpath to Courns Wood. We proceeded behind the RAF camp and Walters Ash Middle School to come out on the lane leading to Coles & Blackwell.

From here we made our way across an oil seed rape field, over a very high stile to Westdroft Stables (Horses Home)



At the stables we turned down the lane to Slade Lane across New Road and into Smalldean Lane. Here we took a short cut through the wood on or left to the small car park in Smalldean Lane then taking a path through Small Dean Farm which lead to Bradenham Manor.

From Bradenham Manor we made our way onto Naphill Common, pass the Umbrella Tree and back to Naphill Village Hall via the end of Forge Road arriving back just after 1 o'clock.

A good walk was had by all and many thanks to Ron for being our leader.